



MEDICAL CONSCIENCE AGM 2025

January 23, 2026

CHAIRPERSON'S REPORT

Membership Growth

As we reflect on our journey since the inception of our organization in early 2020, amidst the unprecedented circumstances of the COVID-19 pandemic, it is with great pleasure that I report our membership growth. Today, we stand as a community of hundreds, comprised of dedicated professionals including doctors, dentists, nurses, and other allied health specialists. Your commitment is the backbone of our organization, and we are thrilled to see our family expand.

CME Activities and Professional Networking

In our mission to foster continual professional learning, we have successfully organized a series of educational events. Our CME initiatives past year included five lunch seminars and four dinner symposiums that covered an array of pertinent topics:

- 10 Jan 2025 - The Most Bothersome Menopausal Symptom
- 21 Feb 2025 - Osteoporosis Screening and Management
- 6 May 2025 - A Novel Management Strategy for Vasomotor Symptoms
- 15 Jun 2025 - MMMC Lunch Symposium: AI in Clinical Medicine Part II
- 17 Jun 2025 - How to Face Healthcare Complaints—Its Prevention and Use of Mediation Skills



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- 15 Sep 2025 - Clinical Benefits of Milk Fat Globule Membrane (MFGM) for Sustained Neurodevelopment at Age 5.5
- 17 Sep 2025 – Case sharing on perioperative cardiac events
- 12 Oct 2025 - Overview of Private Healthcare Facilities Ordinance (Cap. 633)
- 16 Oct 2025 - The Interplay of Gut Microbiota & the Developing Immune System

These events not only enhance our knowledge but also provide invaluable opportunities for networking among peers.

Community Services and Public Education

As a socially responsible organisation, MC has been strongly committed to community care and education services. Four major activities were organised.

- **Group Blood Donation Day**

On February 23, 2025, MC in support of the Hong Kong Red Cross Blood Transfusion Service had been honoured to host the seventh Blood Donation Day with the strong support of six organizations:

- Chinese General Chamber of Commerce
- Hong Kong General Chamber of Commerce
- Hong Kong Chiu Chow Chamber of Commerce, Youth Executive Committee
- The Federation of Medical Societies of Hong Kong
- Hong Kong Talent and Quality Migrants Association
- Association of Hong Kong Nursing Staff

The blood donation event was successful, and we pledge to continue with organisation of group blood donation day at least annually.

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- **Shau Kei Wan Community Living Room Outreach**

On November 22, 2025, we organized a meaningful community service at the Shau Kei Wan Community Living Room. Health talks were conducted on common musculoskeletal issues, dental health, addiction awareness, and autism spectrum disorders. Health checks for blood pressure, blood sugar, and tests for chronic kidney disease screening were provided by our team of doctors and nurses.

- **Medical Stations support at Tai Po Shelters**

From November 26 to December 6, 2025, I on behalf of MC had the privilege of serving as one of the coordinators for voluntary medical support at the shelters for residents affected by the devastating fire in Tai Po. Our operations were based at the Tai Po Community Centre, where we provided essential medical services to those in dire need. Our medical support with dedicated Healthcare colleagues - doctors, CMP, nurses, first aiders, psychologists and pharmacists, has made a significant difference in the lives of those impacted. Each team member contributed their skills and compassion, reinforcing that healthcare goes beyond treatment; it embodies empathy and solidarity.

- **“Wellness for ALL” Health Talk for Healthcare Colleagues**

To further support our colleagues in their efforts to assist affected residents, we organized a timely “Wellness for ALL” health talk on December 17, 2025. This initiative aimed to bolster their well-being as they extended their services to the community.

While we mourn the losses experienced, the medical community has shown remarkable unity, strength and professionalism throughout this crisis. As we conclude our immediate responsibilities, everyone will be encouraged to carry forward our commitment to serve with love and purposeful action. Together, we can continue to make a difference, regardless of the challenges that lie ahead.

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Healthcare Strategies and Collaboration with Public Bodies

In the past year, Medical Conscience has actively engaged in healthcare strategies and collaborations with public bodies. On April 30, 2025, the organization officially submitted its views on the Electronic Health Record Sharing System (Amendment) Bill 2025 to the Legislative Council. This initiative aims to enhance the efficiency of her among stakeholders.

Additionally, on May 20, 2025, Medical Conscience submitted a supportive letter regarding the Tobacco Control Legislation (Amendment) Bill 2025 to the Health Bureau and Legislative Council. The proposed amendments are viewed as vital in establishing a strong legal framework to effectively reduce tobacco consumption and its health risks.

Medical Conscience has co-organized a hybrid seminar on eHealth+ development scheduled on October 9, 2025, at the Hospital Authority Building. Furthermore, a meeting to introduce the Private Healthcare Facilities Ordinance (Cap 633), led by Dr. Haston Liu, was successfully held on October 12, 2025, at St. Teresa's Hospital.

Conclusion

As we look ahead, let us embrace innovation and nurture collaborations to amplify our impact and effectiveness. I extend my heartfelt gratitude for your unwavering support and dedication. Together, we will enhance our profession and forge a path toward a healthier future. I eagerly anticipate our collective accomplishments in the years to come.

Thank you.

Dr. Charas Ong
Chairperson, Medical Conscience

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